

UPPER CANADA

Come study at one of 22 schools in Eastern Ontario with the Upper Canada District School Board! (UCDSB)



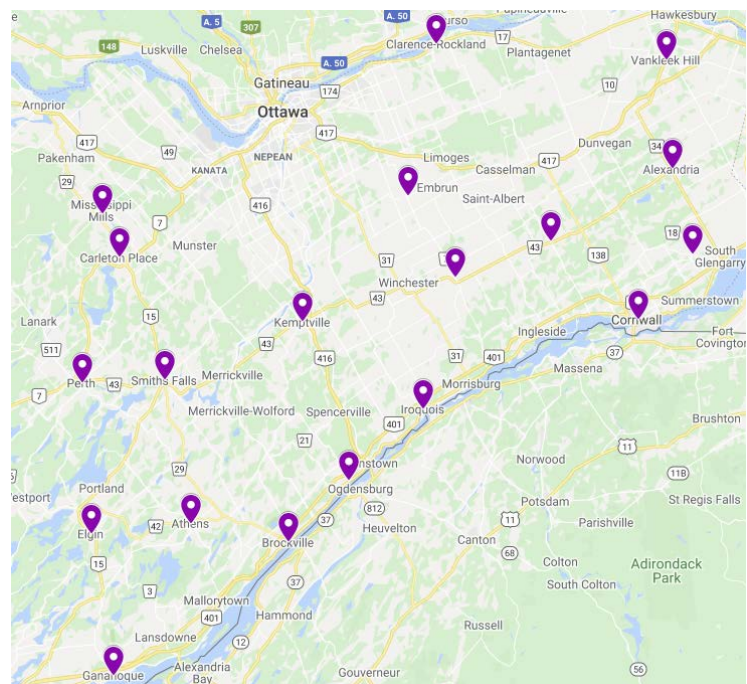
Enjoy the province and its most beautiful colors

The UCDSB operates in small towns in Eastern Ontario, close to major cities like **Ottawa, Montreal, and Toronto.**

The UCDSB is a public education organization committed to quality education that fosters lifelong learning through **creative and challenging learning experiences.**

Their team and staff help to ensure that all international students are made to feel welcome, and that you have all the tools necessary to succeed in your placement. They provide multiple opportunities for students to **develop their skills and leadership through sports teams and after school clubs.**

Schools Location



UPPER CANADA

TESTIMONY

Laura, exchange student in 2017 in Russel, Ontario



We did a lot of activities together like going skiing or celebrating the holidays with the extended family.



I loved my little high school, it was amazing to get to know people and enjoy the experience of a Canadian high school.

My host family was amazing and accepted me like I was part of their family, I participated to the family life. I helped my host brothers with their homework and cooked with my host parents, taking the full Canadian experience. I went to school in Russell, it was a small high school but all the people I've met there were really nice. I made a small group of great friends mixed in between exchange students from all around the world and Canadians

My experience was amazingly positive and I would do it all over again because I had the chance to have a wonderful family and really close friends. I am so thankful for my amazing experience because I have now a second Canadian family and amazing friends that I will keep for life.

UPPER CANADA

UCDSB schools list

SCHOOLS	STUDENTS	SCHOOL LOCATION	CLUBS	SPORTS
Almonte DHS	500	Almonte	Drama club, student council	Football, volleyball, basketball, ski
Athens DHS	220	Athens	Ski, band, chess, stage & lightning club	Track & field, golf, soccer
Brockville CI	650	Brockville	Band, choir, yearbook, international club	Cheerleading, rowing, tennis
Carleton Place HS	750	Carleton Place	Crossfit, yearbook, choir, drama club	Badminton, curling, baseball
Char Lan DHS	265	Williamstown	Chess club, Celtic club, event & photos	Pole vaulters, rugby, hockey
Cornwall CVS	820	Cornwall	Travel club, prom committee, dance, film	Swimming, football
Gananoque SS	500	Gananoque	Art show, drama project, band	Football, crosscountry, soccer
Glengarry DHS	300	Alexandria	Improv, Student Council	Ultimate Frisbee
North Dundas DHS	600	Chesterville	Proto club, green team, writer's club	Soccer, badminton
North Grenville DHS	700	Kemptville	Band, Mandarin Club, nerd & graphics	Track & field, hockey
Perth DCI	500	Perth	Prom committee, music club, band	Crosscountry, hockey
Rideau DHS	425	Elgin	Writers club, drama club, philosophy club	Archery, volleyball
Rockland DHS	440	Clarence-Rockland	Hip hop, chess, humanitarian club	Ski / snowboard, rugby
Russell HS	500	Russell	Cooking, ski club, language, exchange club	Curling, football
Seaway DHS	460	Iroquois	Robotic club, dance, poetry, chess	Mountain biking
Smiths Falls DCI	730	Smiths Falls	Musical theatre, hospitality, yoga club	Wrestling, hockey
South Grenville DHS	475	Prescott	Yearbook, band student council	Crosscountry
St. Lawrence SS	550	Cornwall	Yearbook, multicultural club, student council	Basketball, wrestling
Tagwi SS	530	Avonmore	Athletic council, drama club, student council	Track & field, soccer
Thousand Islands SS	1100	Brockville	Computers, band, Prom Committee	Crosscountry, track & field, softball
Vankleek Hill CI	400	Vankleek Hill	Book Club, social justice, leadership, band	Football, hockey